

Don't Miss MSEA's 4TH Annual **Professional Development Day** Just For ESP!



Doubletree Hotel, Annapolis
February 20, 2010
8 a.m. – 4 p.m.



ATTENTION ALL ESP!

Let's Get It Started!

Get activated, motivated and organized
with ESP members from across the state!

Workshops include:

- Power & Respect
- Technology
- Legal Rights and Responsibilities/Safety at Work
- Stress Management
- C.A.R.E. Overview
(Culture, Abilities, Resilience and Effort)
- Credit Management
- Advocacy & Problem-Solving Skills
- Public Speaking



FOR MORE INFORMATION

Visit www.marylandeducators.org
or contact: Stacey Spencer,
MSEA Affiliates and Advocacy,
800/448-6782, ext 3659.

REGISTER NOW!

IT'S FREE!

Don't miss this chance to learn more about
the important issues that affect your job everyday!

To register, complete this form.

NAME

ADDRESS

PHONE NUMBER

LOCAL AFFILIATE

SCHOOL NAME

EMAIL

WORKSHOP #1

2ND CHOICE

WORKSHOP #2

2ND CHOICE

RETURN FORM TO:

MSEA
ESP Professional Development Day
140 Main Street
Annapolis, MD 21401
Attn: Stacey Spencer
Fax: 410/280-9067

ESP

PROFESSIONAL
DEVELOPMENT DAY

Doubletree Hotel, Annapolis

February 20, 2010

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Across Maryland, you and more than 40,000 education support professionals (ESP) transport students to schools that are kept safe, clean and well-maintained, and where school offices are operating efficiently, nutritious meals are served and quality instruction and special programs are provided.

Conventional wisdom often suggests that no special skills or training are needed to do the multitude of jobs that ESP perform, and this may be one reason why many boards of education have not made ESP professional development a priority. However, a closer look reveals that these ESP jobs often involve very complex and sensitive tasks. Many ESP do work that requires considerable physical exertion; work with chemicals and other hazardous substances; operate heavy machinery; and work with children with disabilities. Ongoing professional development is required for ESP to stay current in their jobs.

According to President Clara Floyd, MSEA is committed to providing quality professional development for ESP and for helping our ESP members advocate for board of education-sponsored professional development. "I feel strongly that our ESP need and deserve to have quality professional development just as teachers and administrators do. Many ESP perform tasks that they do not feel they have been adequately trained to perform. We know that expanding professional development opportunities will help alleviate these concerns and help make ESP more successful in their jobs."

Welcome to MSEA's 4TH Annual ESP Professional Development Day, featuring workshops centered on your job, health and safety. Mark your calendar for February 20 and join your colleagues for information, serious discussion and fun! The list below describes just a few of the workshops you can expect from MSEA's expert presenters.

C.A.R.E. Overview (Culture, Abilities, Resilience and Effort)

The C.A.R.E. Overview will provide ESP with an introduction to research-based and classroom-focused resources that may be used to help them (1) take into consideration the culture of the students; (2) see and capitalize on unrecognized abilities and appreciate different types of intelligence; (3) recognize and build on the resilience students bring into the classroom, and (4) find innovative ways to motivate students so that they can maximize their efforts and be successful in school.

Credit Management

It is generally recognized that there is a correlation with one's competence at work and one's quality of life as it relates to managing personal and family issues. Worry over debt and financial obligations can be emotionally traumatic and affect attitude and performance on the job. This NEA Member Benefits seminar will identify the "markers" so as to identify financial stress, reduce expenses, re-establish credit and if needed arrange for credit counseling through the NEA & NFCC relationship.

Manage Your Stress!

This practical stress management workshop is designed to help you understand what causes you stress and the best ways to deal with it. You will learn about many different stress relieving remedies and practice a few of the techniques during our time together. It's sure to be a calming and relaxing experience! Please dress comfortably and bring a towel or blanket.

Advocacy and Problem-Solving Skills

This training will help you to decide the best approach to solving problems in the workplace. This training will also assist you in developing the skills in becoming a member advocate — the "eyes and ears" of the Association at your workplace. You can help ensure that the health, welfare and rights of you and your colleagues are protected by monitoring the implementation of your collective bargaining agreement.

For more information and workshop descriptions,
visit www.marylandeducators.org.
Look for the ESP Professional Development Day link!